National Attitudes to Mental Illness 2014–2015

6%* improvement in attitudes since 2011

*when Time to Change phase 2 started

This means 2.5 million people have improved attitudes towards people with mental health problems.

Since 2009, people are less likely to discriminate against people with mental health problems...

2009

9% rise in willingness to live with someone with a mental health problem (57% to 66%).

8% rise in willingness to live nearby to someone with a mental health problem (72% to 80%).

7% rise in willingness to continue a relationship with a friend with a mental health problem (82% to 89%).

7% rise in willingness to work with someone with a mental health problem (69% to 76%).

People who were aware of Time to Change were more likely to agree that...

...they would be likely to go to the GP if they felt they had a mental health problem (84% compared with 81%).

...they would feel comfortable talking to a family member or friend about a mental health problem (71% compared with 68%).

...they would feel comfortable talking to their employer about a mental health problem (39% compared with 34%).

Attitudes are moving in the right direction...

78% believe that people with a mental illness have for too long been the subject of ridicule.

91% agreed that we need to adopt a more tolerant attitude to people with mental health problems.

More people than ever acknowledge that they know someone close who has a mental health problem.

65%

but we’ve still got a long way to go...

Although 40% said they would be comfortable talking to their employer, nearly half (48%) said they would not.

40% think people with a mental health problem are prone to violence. The reality is that they are more likely to be the victims of crime.

Together, we are changing attitudes. Join us at www.time-to-change.org.uk

National Attitudes to Mental Illness survey report

78%

7%

9%