

**time to change
medway**

let's end mental health discrimination

Medway Bright Ideas Fund

Application Form



Transforming
health and social care
in Kent and Medway

**A BETTER
MEDWAY**
Easier ways to be healthy

Please ensure that you have read the **Bright Ideas fund application guide** before completing this form. The guidance can be found on the **Time to Change website under Medway hub Bright Ideas fund**.

For more information on public liability insurance and resources Available to Champions, please visit the **Champions Portal**.

Application checklist

Please put an X beside each of the following statements that are true:

You have answered all the questions truthfully and to the best of your knowledge	
You understand that before you are given any funding you will have to sign an agreement	
You understand that if you are successful you will be asked to produce the below: <ul style="list-style-type: none">• The outcomes you expect to deliver• A final report on the outcomes• At least one case study showing the impact of your activity, with a photo	
You either have your own relevant public liability insurance, or will make use of Time to Change insurance	
You will complete Time to Change's Social Contact training before your activity <i>This can be done via e-learning or face to face via the Medway hub</i>	
You will register your event on the Time to Change website before holding your activity	

Can I apply for funding?

Time to Change Medway is an Organic Hub which has been given funding from the Public Health team to run anti-stigma activity in Medway. Partner agencies and their champions can apply for between £100 and £1000 per activity.

To apply for the Bright Ideas fund, you must be a registered Time to Change champion and be planning to run an anti-stigma event or campaign in one of the Postcodes within Medway (ME1 to ME9).

Are you registered as a Time to Change Champion or do you have registered champions in your organisation?

If the answer is no, we will set a target for how many champions you will register and train. The target will be based on the number of people your activity is designed to reach.

Which Medway area will your event/activity be taking place in?

Where did you hear about the Bright Ideas fund?

For example, through your local Hub, the Time to Change website, word of mouth, leaflets?

As an organisation do you have a formal constitution or legal structure, appropriate insurance and policies and audited accounts? You may be asked to provide evidence of these if you are successful

For Individuals applying without these you will need an organisation to support your application.

Section 1: About you

Your contact details

Please fill out your contact details below. We will use these to get in touch about your application:

First Name		
Last name		
Telephone		
Email address		
Address	Address line 1	
	Address line 2	
	Town / city	
	Postcode	
Group or Organisation		

Your experience

If you have any experience of campaigning or running events please tell us below. This could be for Time to Change or any other organisation:

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Section 2: About your activity

This is your chance to tell us about your idea and what you want us to fund. The information you give us here is what we will use to decide if you get an award.

Please include details of:

- Anyone supporting you to deliver the event/activity
- How you intend to promote your event/activity
- How the event/activity will engage men
- How your activity will support the future of the local hub

If you know when your activity will take place, please write the date below. If your activity will run over more than one day, please list all the dates that your event will take place:

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Do you know where your activity will take place? If so, please enter the address below:

Address line 1	
Address line 2	
Town / City	
Postcode	

If you are running activities in multiple locations use the space below to enter additional addresses:

Address line 1	
Address line 2	
Town / City	
Postcode	

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Address line 1	
Address line 2	
Town / City	
Postcode	

Section 3: Social contact

We want to fund activities which can be defined as 'social contact'. At Time to Change, we define social contact as conversations that take place between people who have lived experience of mental health problems and those who may not.

When people talk to each other and establish common ground, prejudices and assumptions are often challenged and replaced with mutual understanding and respect. This can lead to changes in attitudes and behaviours and we know it is an incredibly effective way to reduce stigma and discrimination. We would therefore encourage you to ask as many people with lived experience to help deliver your event.

To find out more about social contact, take learning modules and read our policy on public liability insurance, please visit www.time-to-change.org.uk/champions

How many people do you hope will attend your activity?

How many people do you hope to have 'social contact' with?

For example, it might be 10-50, 50-100 or 100+

How will you promote your activity to make sure people with and without mental health problems come to your activity?

How are you going to make sure that people who have mental health problems and people who don't get a chance to have a conversation during your activity?

How will you make sure people with mental health problems who are sharing their experiences are supported?	
How will you ensure that the Recorded and Intended Behaviours Survey is incorporated into your planned activity?	
<p>Time to Change is committed to challenging multiple discrimination and reaching out to socially excluded groups, such as black and minority ethnic groups, lesbian, gay, bisexual and transgender people, disabled people, all faith groups, those with no faith, and younger and older people.</p> <p>If you know you will be engaging with any of the above groups at your event, please tell us about it below. Please also think about where and how you will promote it as well as how you will make your activity fully accessible for people with disabilities.</p>	
Please describe who your activity is aimed at below by putting an X beside the relevant box. Please note that in Time to Change Medway our key focus is in male mental health stigma.	
Particular group of people	
The general public	

Please explain why you have chosen to reach that particular group (for example, the BAME community or older people) or why you have chosen to aim your event at the general public.

Section 4: Budget

Please use the table below to tell us how much your activity is going to cost. Make sure you check the totals have been added up correctly.

There is an **example budget** on **page 10**, to help show you how to complete it.

[illegible]

Total cost for activity	
Total you are asking for from Time to Change	
Total cost coming from other funding	

EXAMPLE BUDGET			
Item	Cost	How have you worked out this cost?	Enter an X in the box below if you are asking us to fund this item. If you have other funding to pay for an item or part of an item please say where it is coming from.
Venue cost	£75	Quote from venue	X
Travel Expenses	£50	Return tickets for 5 volunteers at £10 per person	X
Refreshments	£50	Will cost £2 per person	Donated by community organisation
Art Materials	£100	Went to Art shop and noted how much each item costs	X
Total Cost for activity	£275		
Total you are asking for from Time to Change	£225		
Total cost coming from other funding	£50		

- End of application -