

let's end mental health discrimination

Table 1: A comparison of the areas of life where respondents have been treated unfairly

Treated unfairly		Ethnicity				Religion		
	All	Indian	Pakista ni and Bangla deshi	Black African	Black Caribb ean	Christia n	Hindu	Muslim
Base	(740)	(168)	(101)	(121)	(225)	(277)	(103)	(186)
	%	%	%	%	%	%	%	%
in making or keeping friends	68	69	73	63	70	70	69	67
by neighbours	58	55	63	56	60	56	59	62
in dating or intimate relationships	65	59	63	59	73	60	53	66
in housing	55	50	47	50	67	53	48	58
in your education	56	53	56	51	63	47	54	59
in marriage or divorce	56	56	56	45	65	55	51	58
by your family	64	64	60	60	68	65	53	61
in finding a job	68	67	73	59	76	68	63	72
in keeping a job	67	66	69	57	73	66	62	68
when using public transport	46	46	51	42	50	44	44	49
in getting welfare benefits or disability pensions	58	51	58	53	67	48	56	60
in your religious practices	45	46	46	36	52	41	45	47
in your social life	67	67	71	65	72	61	70	69
by the police	52	40	51	48	65	34	44	61
when getting help for physical health problems	56	53	63	45	60	52	57	59
by mental health staff	49	46	52	47	57	43	49	57
in your levels of privacy	51	48	51	51	56	49	51	55
in your personal safety and security	53	48	55	48	59	44	52	57
in starting a family or having children	49	51	53	40	55	44	44	51
in your role as a parent to your children	48	45	52	35	57	41	47	49
Avoided or shunned by people who know that you have a mental health problem	68	65	72	62	71	60	66	70

ⁱ The survey questioned 740 Black and Minority Ethnic people experiencing mental health difficulties. The survey was carried out during February and March 2013. The survey was conducted both online and face-to-face.

Funded by











[&]quot;The year-long project has been launched in partnership with Birmingham & Solihull NHS Foundation Trust. The aim is to engage with 300 young African and Caribbean men aged between 18 and 25 with experience of inpatient care as well as 900 statutory sector staff and police officers. Ultimately, the project hopes to create a legacy of positive experiences for both young African and Caribbean men and statutory staff.