We would like to invite you to volunteer at an event we are doing on 23rd & 24th June 2015 at The Sage, Gateshead. It is the 2 day annual conference of the Faculty of Public Health and we will be providing anti-stigma activities for the 500 delegates when they are on breaks and lunches etc. It is a great opportunity to influence people who are have great influences in the different areas of health. For more info about the conference itself please see [http://www.fph.org.uk/fph_conference_2015](http://www.fph.org.uk/fph_conference_2015). For more information about the venue please see [http://www.sagegateshead.com/](http://www.sagegateshead.com/). The full address is SAGE GATESHEAD, St Mary's Square, Gateshead Quays, Gateshead, NE8 2JR, England.

We are inviting people who have lived mental health experience either for themselves or as a carer to come and participate in an activity that involves sharing our own experience. We are using a concept called SoMe which is short for social media- but do not worry you will not be expected to do anything on social media, just have conversations. The idea is you write a quote (tweet) in advance (for example something about yourself), people then read the tweets and then get to choose one that they are interested in. They then get to sit down and have a conversation with that person. They can then leave quotes (tweets) in return. Quotes that were used from previous events include ‘**Hugh Jackman lookalike suffers occasional lapses in reality. Intrigued? #justask**’ or ‘**If the words you spoke appeared on your skin, would you still be beautiful #stigma #discrimination #timetochange**’. However please do not worry about this- we will help you do this. You are not expected to do it yourself! It may not sound it now but it is very simple in practise and is really just about the conversations. The rest is to get peoples interest.
You can volunteer for a half day or a full day and we will reimburse reasonable travel expenses. The times are:

Tuesday 9.30—1.30 and 1-4.30

Wednesday- 10-1.30 and 1-3.30

If you need to arrive or leave at slightly different times please do not worry just let us know. You will also be fully supported at all times.

We also have 2 lots of training available on 22nd June in Newcastle on the afternoon and the evening at Broadacre House at 12pm-4pm and 5pm-9pm. The training will last 3-4 hours. The address is Broadacre House Market St, Newcastle upon Tyne, Tyne and Wear NE1 6HQ. Again travel expenses can be reimbursed.

For further info or to register your interest please contact indicating when days/times you would like to volunteer and what training session you would be interested in.