

A Global Movement Against Stigma

Working to eliminate mental health stigma and discrimination around the world

time to change
let's end mental health discrimination
www.time-to-change.org.uk

Terms of Reference

1. Share knowledge and resources
2. Identify areas of improvement
3. Identify best practices for reducing stigma
4. Work together on projects of mutual interest or common problems
5. Develop a formal network or system to keep each other informed
6. Organise conference calls to exchange news and invite guest speakers
7. Develop an inventory of the work that is currently underway

Campaigns listed in order of initiation

- 2000 New Zealand
Like Minds Like Mine
likeminds.org.nz
- 2000 Australia
beyondblue
beyondblue.org.au
- 2000 Scotland
See Me
seemescotland.org
- England
Time to Change England
time-to-change.org.uk
- 2000 Andalusia, Spain
IDE CADA 4
idecada4.es
- 2000 USA
Bring Change 2 Mind
bringchange2mind.org
- 2000 Sweden
Hjärnkoll
hjärnkoll.naph.se
- 2000 Canada
Opening Minds
mentalhealthcommission.ca/english/initiatives-and-programs/opening-minds
- Ireland
See Change
seechange.ie
- The Netherlands
Zonder Sterk Zonder Stigma
- 2000 Denmark
Time to Change Wales
timetochangewales.org.uk/en
- Wales
- 2000 California, USA
The Center for Disability
The Center for Disability