

it's time to talk. it's
time to change

let's end mental health discrimination

Time to Change invites London supporters to celebrate their role in the movement to end mental health discrimination



This event will bring together people with experience of mental health problems who are involved in activism, training, research and evaluation, and campaigning for Time to Change. It is an opportunity to share ideas and experiences, celebrate your involvement and be part of shaping the future direction of Time to Change.

Come along if...

- You're a Time to Change Champion, supporter, or member of our Facebook community, or have been involved in any Time to Change projects or initiatives
- You have lived experience of mental health problems
- You'd like to meet others who are involved, get inspired and share ideas
- You want the opportunity to help shape the future of Time to Change and the way we involve people.



WHAT: Time to Change lived experience networking event

WHERE: Rich Mix, 35-47 Bethnal Green Road, London E1 6LA

WHEN: Tuesday 7 June 2011

TIME: 4pm - 8pm (networking till 9pm)

Please book!

Places are limited so reserve yours now by visiting
<http://ttcnetworking.eventbrite.com/>
or calling 020 8215 2356

We are able to cover travel costs of up to £10 per person, and refreshments and food will be provided during the event.

For more information

Email: leap@time-to-change.org.uk
Telephone: 020 8215 2356

